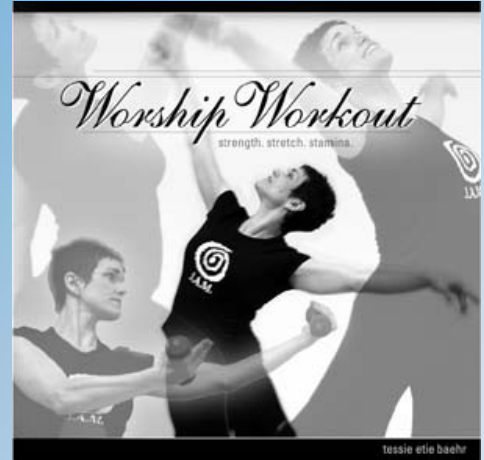


# J.A.M. MINISTRIES PRESENTS



## Read what others are saying about *“Worship Workout”*

**W**ords cannot express how I felt. For me, it was soul moving. Just the other day, I was thinking I really need to get back in shape and I thought; you know I just hate to workout, except when it was with you and my God. Then I thought that I really would like to dance my way into shape because I love dance, but hate exercising. GUESS WHAT???? This DVD is just that, it is workout dance!!! I feel like it was made just me!!

At one point, when you said to grab a water bottle and a towel, I grabbed my Kleenex because I was just weeping before the Lord, just in His presence, just as I am, and then it was just HIM!!!! (I guess I was still there, but His presence was magnified.)

You had me laughing with your preaching and toe pointing, to sweating and breathing, to weeping as I focused on Him and as I listened to your encouragement.

This DVD will be a blessing to the Lord and to the one experiencing it too! GLORY!

- Dawn Batiquin

**H**er energy, enthusiasm and joy for teaching dance were contagious. She had the skills to reach a multi-level class, challenging each person to be the best they could be.

What impressed me most, however, was her witness for her Savior and Lord, Jesus Christ. Everyone who knew Tessie, knew how much she loved the Lord. Even in class, at this private club with all types of members, she was unashamed to give God glory.

Tessie is an encourager and has inspired me to take care of myself, to equip myself, to serve God and to inspire others to do the same. Her classes have challenged me to go beyond what I thought I could do. It was always exciting and fun to be in her classes. We were always blessed by her biblical teachings and spontaneous shouts of praises to the Lord!

Currently, I've been using her DVD, *“Worship Workout”*. I continue to find it inspirational and a complete workout. Tessie carefully picks out her music to bring the glory to the Lord, as we express our worship with our bodies and whole being. I THANK GOD FOR TESSIE!

- Kathleen Brown